



Spiritual Life Coach

CERTIFICATION

Hello Lovely!

Here is the process you need to go through to become a Certified Spiritual Life Coach! The material in this program at some point will push you way beyond your comfort zone, + it is in these moments where you show your true willingness to transform and step into this new upgraded version of you! Transformation + healing, although they sound so magical + fancy, can be pretty gruelling at times. Just remember to hang in there, you got this!

STRUCTURE OF THE PROGRAM

To become a Certified Spiritual Life Coach—you're required to meet each of the following:

- Attend the 8 Day Virtual Retreat
 - Watch + respond on all lessons
 - Attend the 4 live zoom calls.
- Participate Weekly in Online Classroom
 - Complete the Reading Curriculum
 - Post & Respond to the weekly assignments in a scholarly manner
 - Manage your work load of reading + assignments every week
 - Demonstrate your understanding of material through writing posts + papers
 - Complete assignments on time as per the deadlines
- Complete the 4 modules of Online Training — 1 Module/ Month
 - Inner Healing
 - Spiritual Awakening
 - Spiritual Visioning
 - Becoming a Coach
- Understand the 9 key components to becoming a Spiritual Life Coach
 - Key #1: Defining Your Spirituality
 - Key #2: Self-Care Routine
 - Key #3: Sharing Your Transformational Inner Work
 - Key #4: Using the Healing Modalities
 - Key #5: Activating Your Spiritual Gifts
 - Key #6: Spiritual Expansion & Meditation
 - Key #7: Embodying the Teachings
 - Key #8: Business Building & Marketing
 - Key #9: Your Spiritual Coaching Practice
- Ask clarifying questions
 - In order to be a great coach, you have to ask questions that help guide clients to unlock their answers. Asking intriguing questions to your cohort, as part of your response to their posts will display how you are developing this skill.



- Attend the 4 out of 5 Monthly group coaching sessions
- Pass the final exam: showing you understand and have embodied this knowledge

THE MATERIALS INCLUDED:

- Training packet
- Welcome kit mailed to you
- Access to our Online Classroom

IT IS JUST POLICY GIRL!

Evaluation of a pass or fail is determined by the following components:

- Attendance and participation during live Retreat
- Successful and timely completion of all online assignments
 - Posts are completed and submitted on time as per the deadlines
 - Responses to cohort are submitted on time as per the deadlines
 - If a student does not complete and submit all of their assignments, they will not pass the certification.
- Passing the Final Exam: Showing your embodiment of the key components displayed through knowledge in the final written exam. If you do not display your knowledge in these areas, you can retake the exam 30 days later. (There is a \$100 retake fee, if you don't pass the test the first time.)
- Willingness to be open: If you are highly resistant to the Certification process and unwilling to participate, you will not pass this certification.

THE PERKS AFTER PASSING

This certification helps you market yourself upon completion of the program and gives you usage of:

- Your Title as a Certified Spiritual Life Coach, through Awaken Inc.
- Trademarked Certification Seal (sample below)
- Our branded Worksheets to use from our online course
- A bio and picture in our online directory of graduates
- Chance to be featured in our quarterly newsletter
- Opportunity to submit your own videos to be featured on our Website

